

# Thursday November 27th 5k / 10k Run/Walk

Rain or shine! Ali Gym open to public before, during, and after the event, if needed.

# **Race Day Schedule:**

7:30 AM Registration Begins 8:30 AM 5K/10K Races & 5K Walk

### **Location:**

Event begins and ends at Hooper Stadium, Nevada Union High School 11761 Ridge Road, Grass Valley, CA 95945

# **Entry Fees:**

Before November 18th, \$25 for persons 15+, \$12 for children 14 & under (**includes tee-shirt**). After November 18th, \$25 for persons 15+, \$12 for children 14 & under (**does not include tee-shirt**). Registration includes post-race refreshments and awards for 1st – 3rd place in Race Groups.

#### The Cause:

The MEB2 Foundation sponsoring Anew Day, local youth activities & suicide and depression awareness.

### **For More Information:**

www.meb2turkeytrot.com – Register online here! Call - 530-278-8361

Please send entry form and check payable to: MEB2 Foundation, PO Box 1969 Grass Valley, CA 95945									
Last Name:	First Name:		Date of Birth:				Official use:		
Mailing Address:			City:						
State: Zip:	_ Phone:			Email:					
Race Day Age Division: ○10& Under Gender: ○Male ○Female Event: ○Walk ○5K Run ○10K	O11-14 O15-1	3 ○19-29	○30-39	○40-49	○50-59	○60-69	○70-79	○80+	

Disclaimer: I know that participating in and/or volunteering to work at the Michael Bratton II Memorial Turkey Trot is potentially hazardous activity. I should not enter and run, walk and/or volunteer unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run, walk and/or volunteer. I also agree that I may be examined and treated if necessary during the course of a race by qualified race personnel in the event medical problems arise. The race officials or the qualified personnel have the right to disqualify me and remove me from the race, if in their opinion, I may be suffering from a life threatening condition. I assume all risks associated with walking/running in and volunteering for races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waver and knowing these facts, and in consideration of your acceptance of my application for participation in races and/or my volunteering, I, for myself and anyone entitled to act on my behalf, waive and release the MEB2 Foundation, the Gold Country Grand Prix, the Nevada Joint Union High School District, the City of Grass Valley, the County of Nevada and all above mentioned officers and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in events even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that my entry fee is nonrefundable. I also approve the use of my and/or dependent's picture taken before, during or after the races for promotional use without further compensation.